



Santa Barbara Weather: 77.0°F | Humidity: 61% | Pressure: 29.95in (Steady) | Conditions: Mostly Cloudy | Wind Direction: South | Wind Speed: 6.9mph [see map]

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Scanner Reports 7-9-15

updated: Jul 10, 2015, 7:00 AM

Roger the Scanner Guy

Thank Dog it's FRYday. I took a long walk on Wednesday. Long I say because I hurt like hell when I got home. The walk was just to Chapala Market in the 600 Block of North Milpas. I had to walk it twice because I misplaced my cane, the one Belinda got me. It wasn't where I left it, so now someone else has the cane. I went up there to buy lentils; it's pretty cheap, they are a buck a pound or so. Lentils make a good meal mixed with a few other things. I usually make it vegetation style with onions, chilies, and other veggies. But on Wednesday I tossed a bunch of beef hot dogs in it. Lentil is good for you and cheap. I have been noticing that the price of food is going up. Some say it's because of the drought. I usually spend say 200 to 250 a month on my food to eat. I try to eat balanced (Cheetos) meals. Say chicken vegetable side dish of lentil or tofu, sometimes rice. This month I spent more on everything but all good balanced food. I have been craving a good greasy hamburger for a while now but the prices for a pound of real beef burger is very expensive, so sometimes it's fast food. I'm wondering what other people are doing to afford food during the drought? Have your eating habits changed much? Are you eating better? Worse? The same? Are you buying food in bulk? Making bigger meals for leftovers later?

When I was a youngun in my 20's, this gal back in Hammond used to make this dish called Hobo Casserole. It went something like this; in a 4 inch deep cake pan about 2 feet long and a foot wide, grease the pan. First layer mashed potatoes on the bottom, then put in a layer of tomato sauce, then hamburger, another layer of the sauce, then more mashed potatoes, then top it off with cheddar cheese. Back then it cost about 4 bucks to make. It probably cost a whole lot more now. I have to eat a lot of protein because I'm diabetic and I don't take diabetic medication. I screw up a lot, but not as bad as I used to. If anyone's got any recipes for cheapo meals, feel free to share them with the rest of us.

Has anyone ever read the story of Emma Gatewood or ever heard of her? I'm sure some of you have or you can Google her. I'm sure some information will pop up. What a life she had. There's a book written about her on Amazon called Grandma Gatewood's Walk. It's a story worth reading if you're looking for a good book. Speaking of Amazon, sometimes you can get good deals on food on Amazon. I recently ordered 80 ounces of Jif for under 10 bucks on there. Sometimes I'll order my coffee on there if I see a good deal. You're really lucky if you live in an area where there's fruit trees nearby, either on the property you are living or someone else's where you're allowed to pick. Some of you have gardens. Then there's The Pushy Shovels Community Garden ran by Marcos Olivarez. This man grows the best tomatoes I have ever had the pleasure of chomping into. I've only had them a couple



times because Pushy Shovels Community Garden serves the needs of the poor. For People who cannot afford to buy good fresh vegetables, Marcos has been known to deliver bags of the vegetables on his bicycle. Quite a feat for a man who just turned 68 Years young on Thursday. Happy Birthday Marcos!

Anyone else want to share stories of how they save money through the drought on food, recipes, or tales of your gardening, please share. I'd like to read. Some of you might have been around during the depression. Feel free to share how you got through that.

Anyway here is thy blessed Scanner Roni Reports, Wednesday:

- Assist Medics with a drunk in the bathroom at Launderland locked in there turned out to be Simon.
- Keep the Peace 400 East Cota.
- Suicide attempt bottle of pills victim unconscious 600 Block of Garden.
- 415 At Motel 6 on Via Real in a room per CHP.
- 2 Fellas in a dark colored Silverado smoking weed and drinking beer westbound on Los Positas.
- 415 Verbal Argument between roommates 400 Block of Old Coast Highway.
- Fall victim head injury 3000 Block of DLV.
- 242 Assault, between roommates female punched male in the throat did it on Tuesday too. Did something else to him on Monday. 1200 Block of San Andres.
- Elderly male Fall victim 1300 Block of DLV.
- SBPD Traffic stop 200 South Milpas black GMC.
- Suicidal subject Cabrillo Ball Field wants to jump in front of traffic.
- 242 Assault Daddy kicked his daughter in the head on Burton Drive.
- Keep the Peace while subject picks stuff up 400 North Alisos.
- Traffic Accident North Los Carneros at Calle Real.
- Some guy parked a Toyota Tundra near the public market in an alley way near Victoria and took off running, suspiciously running.
- 594 Tagger with spray paint 211 West Gutierrez SBPD surrounded the subject and busted his ars.
- 200 Block of Vista Del Mar 415 neighbors.
- River Park highway 246 vegetation fire.
- Gaviota State Beach ME For a traumatic injury.
- Subject in the bushes refusing to come out and harassing otters Commuter Lot 400 West Carrillo.
- 242 Assault daughter out of control struck her mother 300 Block of Loma Alta police responded code 3(lights and siren) I think they caught her near McKinley School.
- 415 Neighbors on going issues 400 Block of North Voluntario complaint now subject videotaping juveniles. Last time juveniles were torturing the neighbor I can't remember what they did but it wasn't good.

Scanner Roni Reports, Thursday:

- Jack in the Box 3700 Block of State Street 415 Transient harassing customers.
- 415 Subject at the Days Inn on highway 246 on Wednesday he put his hands on the reporting party.
- 1600 Block of West Main stabbing a female stabbed a male in the arm minor wound code 2 Medics.
- Report of a 245 Assault with a deadly weapon used blue Town and Country Chrysler vehicle victim was hit in the leg and believes the action was intentional 1400 Block of East Valley Road.
- 1145 Suicidal subject at Casa Esperanza agitated.
- 602 Trespassing also at Casa Esperanza.
- 415 Subject at the VA Clinic 4400 Block of Calle Real he broke a door and left carrying a skateboard and a backpack.
- 2 Former residents of a residence in the 500 Block of El Sueno slept in the front yard last night and are now refusing to leave. It's a good thing they did not sleep in the back yard.
- 415 Transient at State and Anapamu.
- BOLO for an MTD Bus with "911" Flashing on its sign Northbound on State from Calle Real.
- ME Allergic reaction for a Community Service Officer at the SBPD Station 200 Block of East Figueroa.
- ME Jalama Beach restroom for a man down unresponsive.

- 4700 Block of West Main big dog bites little dog Animal Control called responding.
- 415 Transient in the Lobby of the Police department raising a ruckus, pacing back and forth.
- SBPD Officer transporting one to the station on an H&S Cite and release, drugs.
- Check on a code 40, drunk at Cottage ready for the Sober Center. I'll never forget the time I woke up in there with a guy dressed as a gal kissing me. He looked pretty good too.
- 911 Hang Up at the Villa Santa Barbara when Dispatch called back Police were requested for an unknown problem.
- · Premise check Oak Park.
- Illegal Burn or smoke check 5200 Block of Cristobal.
- Minor injury accident 800 block of Chapala.

Will that's enough outta me for now. Hope we don't have any more fires! Drink lots of water! Have a great Weekend! Belinda and Pooh Bear willing, we will see you on Monday. Later, Roger



Comments in order of when they were received | (reverse order)

COMMENT 628769 (A) (B) (Q) (O)

2015-07-10 08:43 AM

I like to save bones from chickens I roast, and whatnot, in the freezer, until I have enough to make a soup stock. No one seems to like chicken drumsticks so I usually get those if I am buying pieces of chickens. chicken feet are very cheap so I throw those in soup stock sometimes too. It adds great flavor, and makes the stock gel in the fridge. The skin/cartilage in the broth is really good for you, especially if you have joint/cartilage issues yourself.

bean soup with a smoked ham hock is good-toss leafy greens in there, bean chili is cheap to make (several types of beans, tomatoes, peppers, onions).

Lentil salad, bean salad... I eat a lot of legumes too. I also eat a lot of corn tortillas, those are cheap and you can make a bunch of stuff with them

EL STEO O O O

2015-07-10 10:16 AM

Hey Roger, On Wednesday someone left a cane at Fresh & Sleazy. I know that's on your walk, did you stop there?

COMMENT 628794 (A) (B) (O)

2015-07-10 10:36 AM

HOBO is a deragatory term

COMMENT 628800 (A) (D) (O)

2015-07-10 10:58 AM

hobo could be a positive acronym if we wanted to make it one.

how about a breakfast meat policy? Ham Or Bacon Only.;)

COMMENT 628804P (A) (B) (O)

2015-07-10 11:03 AM

800- That would be derogatory against sausage. Have to be inclusive!

ROGER DODGER (A) (B) (O)

2015-07-10 11:22 AM

THATS MY CANE! I used to be a Burn whats the deROGatory term for a traveling burn that works? Because I worked when I could when I was out there...

COMMENT 628814 (A) (H) (N) (O)

2015-07-10 11:25 AM

Reminds me of my favorite camping dish, Hobo Stew. (you may know it as Campfire Stew, Girl Scout Camp Stew, Ground Beef Stew, Beggar Stew, Mulligan Stew...)

made with ground beef, potatoes, carrots, corn, green beans, beef stock, diced tomatoes, rice or noddles and V-8.(recipes can be found online)

COMMENT 628817 A (1) (0) O

2015-07-10 11:32 AM

okay 804P how about HOBOS Ham or Bacon or Sausage?

COMMENT 628819 (A) (B) (O)

2015-07-10 11:37 AM

I am a single mom on a seriously low budget (even though the former in-laws just sold their Montecito home for \$20+mil - no joke. Thanks for nothing, guys! But that's another story). Drumsticks are definitely the way to go, as well as a small whole chicken - you can get at least three solid meals out of a 4-5 pounder. Chicken sandwiches, chicken sheperd's pie, which is much like your Hobo Casserole. I clip a lot of coupons and shop the specials. Frozen veggies are sometimes the cheapest option and will beef up any meal. And eggs. Even the organic, free range can be found on sale, so we have a lot of french toast and egg sandwiches for about \$6.00 a week, including whatever bread is on sale. Not bad.

ROGER DODGER (A) (B) (O)

2015-07-10 11:43 AM

35 Years ago when I got here Officer TR will remember this one...We used to go to Rudys and get a 5 gallon oil can vegetable oil..We'd go to Tri County produce and hit their dumpster for vegies, Santa Cruz Market too..Clean em and cut em up fill the can half way with water..Make a fire between Bath and Castillo side of the RR Tracks..Put the vegies in the can with a piece of meat someone panhandled the money for. It would be cooking a few hours I'd get done working buy a bottle of Jack, smokes, and beer and we'd have a big old party..It's a miracle none of us got hit by the train..One time I passe4d out with my feet too close to the fire and my shoes got alittle burned up..

EL STEO 4 0 0

2015-07-10 12:27 PM

Rog, if that's your cane the lady working there took it and "hid" it in the corner. They should know where it is.

COMMENT 628845P (A) (B) (O)

2015-07-10 12:31 PM

817- Thanks, much better. And quite clever;)

ROGER DODGER A + 0 0

2015-07-10 01:17 PM

I went there and no one knew what I was talking about I had to pay someone for a ride too foot is all swelled up.. No one knew anything...There was a black cane there but not mine mine is brown oh well.. it's just important because Belinda got it for me..I'll try again next week Thanks..:)

COMMENT 629259 (A) (B) (O)

2015-07-11 05:56 PM

I just eat less now. Getting skinny. My friends think I'm just dieting. I'm too proud to tell them it's getting harder to afford food.

ROGER DODGER A H N O

2015-07-12 08:02 PM

If your ever starving and you got no food get ahold of me through Edhat I always buy extra I can turn you onto some food..If you know who I am stop on by I aien't no one special always buy extra. I fed Belinda everyday for years shes gone now. I got some food I can't eat..

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